# HEALTH MART SEVERE COLD COUGH AND FLU- acetaminophen, dextromethorphan hydrobromide, phenylephrine hydrochloride powder, for solution Strategic Sourcing Services LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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## McKesson Severe Cold, Cough & Flu Drug Facts

## Active ingredients (in each packet)

Acetaminophen 650 mg

Dextromethorphan HBr 20 mg

Phenylephrine HCl 10 mg

## **Purposes**

Pain reliever/fever reducer Cough suppressant Nasal decongestant

#### Uses

- temporarily relieves these symptoms due to a cold:
- minor aches and pains
- minor sore throat pain
- headache
- nasal and sinus congestion
- cough due to minor throat and bronchial irritation
- temporarily reduces fever

### Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

#### Do not use

- in a child under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

## Ask a doctor before use if you have

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma, or emphysema
- a sodium-restricted diet

## Ask a doctor or pharmacist before use if you are

taking the blood thinning drug warfarin

## When using this product

do not exceed recommended dosage

## Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occurs
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- pain, cough or nasal congestion gets worse or lasts more than 7 days
- cough comes back or occurs with rash or headache that lasts.

These could be signs of a serious condition.

## If pregnant or breast-feeding,

ask a health professional before use.

## Keep out of reach of children.

Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

#### **Directions**

- do not use more than directed (see overdose warning)
- take every 4 hours, while symptoms persist. Do not take more than 5 packets in 24 hours unless directed by a doctor.

Age	Dose
adults and children 12 years of age	one packet
and over	
children under 12 years of age	do not use

- dissolve contents of one packet into 8 oz. hot water: sip while hot. Consume entire drink within 10-15 minutes.
- if using a microwave, add contents of one packet to 8 oz. of cool water: stir briskly before and after heating. Do not overheat.

#### Other information

- each packet contains: potassium 5 mg and sodium 43 mg
- phenylketonurics: contains phenylalanine 17 mg per packet
- store at 20-25°C (68-77°F). Protect product from heat and moisture.

## **Inactive ingredients**

acesulfame potassium, anhydrous citric acid, aspartame, colloidal silicon dioxide, FD&C blue #1, FD&C red #40, flavor, maltodextrin, pregelatinized starch, sodium citrate, sucrose, tribasic calcium phosphate

#### Questions or comments?

1-800-719-9260

## Package/Label Principal Display Panel

Compare to Theraflu® Daytime Severe Cold & Cough

active ingredients

**DAYTIME** 

Severe Cold, Cough & Flu

Pain Reliever/Fever Reducer (Acetaminophen)

Cough Suppressant (Dextromethorphan HBr)

Nasal Decongestant (Phenylephrine HCl)

**Relieves:** 

Sore Throat Pain

Headache ● Fever

Cough ● Body Ache

Nasal & Sinus Congestion

#### BERRY INFUSED WITH MENTHOL FLAVOR

#### 6 Packets

#### Gluten Free



## HEALTH MART SEVERE COLD COUGH AND FLU

acetaminophen, dextromethorphan hydrobromide, phenylephrine hydrochloride powder, for solution

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62011-0253
Route of Administration	ORAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
ACETAMINO PHEN (UNII: 36209 ITL9D) (ACETAMINO PHEN - UNII: 36209 ITL9D)	ACETAMINOPHEN	650 mg	
DEXTROMETHO RPHAN HYDRO BRO MIDE (UNII: 9 D2RTI9 KYH)	DEXTROMETHORPHAN	20 ma	

(DEXTROMETHORPHAN - UNII:7355X3ROTS)	HYDRO BRO MIDE	ZU IIIg
<b>PHENYLEPHRINE HYDRO CHLO RIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

Inactive Ingredients			
Ingredient Name	Strength		
ACESULFAME POTASSIUM (UNII: 230 V73Q5G9)			
ANHYDRO US CITRIC ACID (UNII: XF417D3PSL)			
ASPARTAME (UNII: Z0H242BBR1)			
SILICON DIO XIDE (UNII: ETJ7Z6 XBU4)			
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)			
FD&C RED NO. 40 (UNII: WZB9127XOA)			
MALTO DEXTRIN (UNII: 7CVR7L4A2D)			
SODIUM CITRATE (UNII: 1Q73Q2JULR)			
SUCROSE (UNII: C151H8M554)			
TRIBASIC CALCIUM PHO SPHATE (UNII: 91D9 GV0 Z28)			

Product Characteristics			
Color	WHITE (mixture of white to light to dark red particles), RED	Score	
Shape		Size	
Flavor	BERRY, MENTHOL	Imprint Code	
Contains			

l	Packaging				
l	# Ite	m Code	Package Description	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
l	1 NDC:6	2011-0253-1	6 in 1 CARTON; Type 0: Not a Combination Product	05/28/2015	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	05/28/2015	

## Labeler - Strategic Sourcing Services LLC (116956644)

Revised: 8/2019 Strategic Sourcing Services LLC